

TRISTEZA CON APATIA EXTREMA Y UNA GRAN FALTA DE SEGURIDAD EN SI MISMO PARA SALIR DE LA SITUACIÓN

LabAroma.

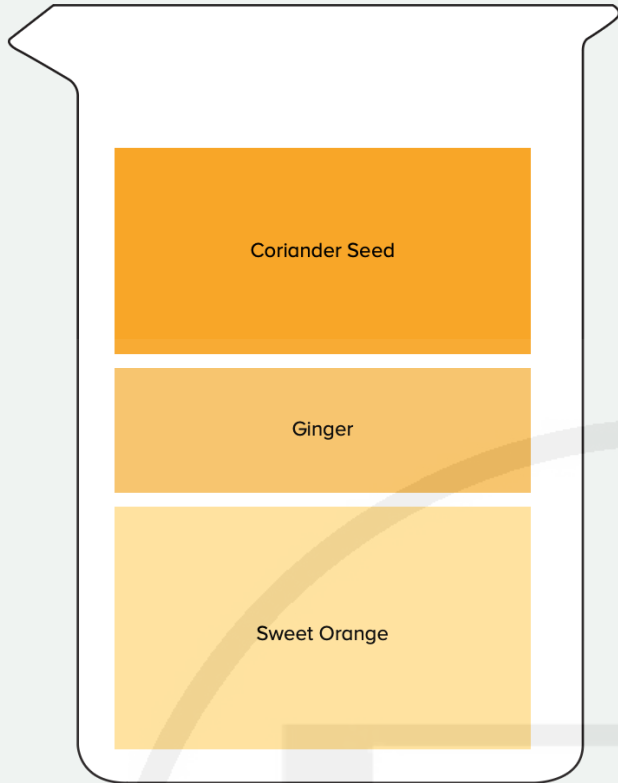
Blend name	Blend category	Tags
Tristeza con apatía y falta de seguridad en si mismo	Emocional	

Final blend volume	Cost Estimate (2 ml)	Essential Oils
2ml	€1.92	100%

Complete breakdown

monoterpenes	Disipan el temor, aportan coraje y confianza en uno mismo	48.7665%
monoterpenols	Equilibrio y serenidad	26.2502%
sesquiterpenes	Disipan bloqueos	18.3963%
ketones	Apertura espiritual y vocacional	1.5634%
esters	atenúan la ansiedad, generando un estado vibrante que ayuda a lidiar con los miedos y a despertar la alegría por estar vivo, a verse motivado por los nuevos proyectos	1.4275%
sesquiterpenols		1.1525%
oxides		1.0997%
others		0.9568%
aldehydes		0.3871%

Ana Requejo



Essential Oils (100%)

● Coriander Seed	Chakra Raiz	0.7 ml
● 8 drops		
● Ginger	Chakra Sacro	0.43 ml
● 5 drops		
● Sweet Orange	Chakra Sacro	0.87 ml
● 10 drops		

Ingredients (0%)

Complete breakdown

monoterpenes

d-limonene	0.8506%
α-pinene	0.0484%
γ-terpinene	0.0324%
b-myrcene	0.0227%
camphene	0.011%
b-phellandrene	0.0061%
sabinene	0.0036%
b-pinene	0.0005%

sesquiterpenes

zingiberene	0.1398%
α-curcumene	0.0699%
b-acequinellandrene	0.0685%

monoterpenols

linalool	0.5056%
geraniol	0.0152%
borneol	0.0043%

ketones

camphor	0.0301%
carvone	0.0011%
acetone	0.0001%

α-farnesene	0.0251%
g-cadinene	0.0157%
germacrene b	0.0048%
d-cadinene	0.0028%
valencene	0.0004%

esters

geranyl acetate	0.0285%
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oxides

1,8 cineole	0.022%
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aldehydes

octanal	0.0029%
decanal	0.0026%
geranial	0.0006%
dodecanal	0.0005%
nonanal	0.0004%
citronellal	0.0004%
neral	0.0004%

sesquiterpenols

α-eudesmol	0.0142%
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nerolidol	0.0088%
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others

4, 5-dimethyl-11-methylene tricyclo	70.0103%
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7-α-(1-hydroxy-1-methylethyl)	0.0088%
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Scent notes

● Top

Sweet Orange

● Top middle

Coriander Seed

● Middle

Ginger

Blend notes

Physical effects

1. Digestive



Coriander Seed (2)

Ginger (3)

Sweet Orange (2)

2. Muscular/Skeletal



Coriander Seed (2)

Ginger (2)

3. Skin



Coriander Seed (2)

4. Neurological



Coriander Seed (1)

Sweet Orange (1)

5. Immune/Infection



Coriander Seed (2)

6. Circulatory/Lymphatic



Ginger (2)

Psychological effects

1. Energising



Coriander Seed (2)

Ginger (3)

Sweet Orange (2)

2. Balancing



Coriander Seed (2)

Sweet Orange (2)

3. Calming



Coriander Seed (2)

Sweet Orange (2)

4. Sensual



Ginger (3)